CLAIMS

We claim:

1. A process for preparing a compound of Formula 1A3:

$$\begin{array}{c} A_1O \\ \\ OA_2 \end{array} \qquad \begin{array}{c} OA_3 \\ \\ \end{array}$$

- where A₁ is selected from P₁ and (CO)R₁, A₂ is selected from P₂ and (CO)R₂, A₃ is selected from P₃ and (CO)R₃, where P₁ when present is a first alcohol protecting group, P₂ when present is a second alcohol protecting group, P₃ when present is a third alcohol protecting group, R₁, R₂ and R₃ when present are each independently selected from alkyl with at least one carbon atom, aryl, aralkyl, and diastereoisomers of the foregoing, comprising:
 - coupling a benzoyl halide compound of Formula 1A4

$$A_1O \xrightarrow{O}_{1A_4} X$$

where X is halogen, with a 4-substituted styrene compound of Formula 1A5

- in solution or in suspension of a first solvent, transition metal catalyst, Nheterocyclic carbene-type ligand and a first base.
 - 2. A process for preparing a compound of Formula 1A3:

where A₁ is selected from P₁ and (CO)R₁, A₂ is selected from P₂ and (CO)R₂, A₃ is selected from P₃ and (CO)R₃, where P₁ when present is a first alcohol protecting group, P₂ when present is a second alcohol protecting group, P₃ when present is a third alcohol protecting group, R₁, R₂ and R₃ when present are each independently

selected from alkyl with at least two carbon atoms, aryl, aralkyl, and diastereoisomers of the foregoing, comprising: coupling a benzoyl halide compound of Formula 1A4

5 where X is halogen, with a 4-substituted styrene compound of Formula 1A5

in solution or in suspension of a first solvent, transition metal catalyst, N-heterocyclic carbene-type ligand and a first base.

3. A process for preparing a compound of Formula 1B

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where Y is independently selected from NH and O, n is equal to 0, 1, 2, 3, 4 or 5, Z is independently selected from NH and O, m is equal to 0, 1, 2, 3, 4 or 5, each A and each B is independently selected from R, P_1 , P_2 and P_3 and each R is independently selected from alkyl with at least one carbon atom, aryl, aralkyl, and diastereoisomers of the foregoing and P_1 , P_2 and P_3 are protecting groups, comprising the step of coupling a benzoyl halide compound of Formula 1B2

where X is halogen, with styrene compound of Formula 1B3

in solution or in suspension of a first solvent, transition metal catalyst, N-heterocyclic carbene-type ligand and a first base.

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4. A process for preparing a compound of Formula 1B

where Y is independently selected from NH and O, n is equal to 0, 1, 2, 3, 4 or 5, Z is independently selected from NH and O, m is equal to 0, 1, 2, 3, 4 or 5, each A and each B is independently selected from R, P_1 , P_2 and P_3 and each R is independently selected from alkyl with at least two carbon atoms, aryl, aralkyl, and diastereoisomers of the foregoing and P_1 , P_2 and P_3 are protecting groups, comprising the step of coupling a benzoyl halide compound of Formula 1B2

where X is halogen, with styrene compound of Formula 1B3

in solution or in suspension of a first solvent, transition metal catalyst, N-heterocyclic carbene-type ligand and a first base.

5. A process for preparing a compound of Formula I

where each Y is -O or halogen, each Z is -O or halogen, each n is independently the value of 0, 1, 2, 3, 4 or 5, each m is independently the value of 0, 1, 2, 3, 4 or 5, each A is independently selected from P_n, R or absent, each B is independently selected from H, R or absent, each V is independently selected from P_n, straight or branched alkyl of from 1 to 6 carbon atoms and cycloalkyl of from 3 to 8 carbon atoms, alkoxy, phenyl, benzyl or halogen, each W is independently selected from H, straight or branched alkyl of from 1 to 6 carbon atoms and cycloalkyl of from 3 to 8 carbon atoms, alkoxy, phenyl, benzyl or halogen, where R is selected from the group alkyl with at least one carbon atom, aryl and aralkyl, P_n is an alcohol protecting

group and diastereoisomers of the foregoing, comprising the step of coupling a benzoyl halide compound of Formula IC

where X is halogen, with a 4-substituted styrene compound of Formula IE

in solution or in suspension of a first solvent, transition metal catalyst, N-heterocyclic carbene-type ligand and a first base.

6. A process for preparing a compound of Formula I

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where each Y is -O or halogen, each Z is -O or halogen, each n is independently the value of 0, 1, 2, 3, 4 or 5, each m is independently the value of 0, 1, 2, 3, 4 or 5, each A is independently selected from P_n, R or absent, each B is independently selected from H, R or absent, each V is independently selected from P_n, straight or branched alkyl of from 2 to 6 carbon atoms and cycloalkyl of from 3 to 8 carbon atoms, alkoxy, phenyl, benzyl or halogen, each W is independently selected from H, straight or branched alkyl of from 1 to 6 carbon atoms and cycloalkyl of from 3 to 8 carbon atoms, alkoxy, phenyl, benzyl or halogen, where each R is independently selected from alkyl with at least two carbon atoms, aryl and aralkyl, P_n is an alcohol protecting group and diastereoisomers of the foregoing, comprising the step of coupling a benzoyl halide compound of Formula IC

AnYn

where X is halogen, with a 4-substituted styrene compound of Formula IE

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in solution or in suspension of a first solvent, transition metal catalyst, N-heterocyclic carbene-type ligand and a first base.

A process for preparing resveratrol from compounds of Formula 1A3

$$\begin{array}{c} A_1O \\ \\ OA_2 \end{array}$$

where A_1 is selected from P_1 and $(CO)R_1$, A_2 is selected from P_2 and $(CO)R_2$, A_3 is selected from P_3 and $(CO)R_3$, where P_1 when present is a first alcohol protecting group, P_2 when present is a second alcohol protecting group, P_3 when present is a third alcohol protecting group, R_1 , R_2 and R_3 when present are each independently selected from alkyl with at least one carbon atom, aryl, aralkyl, and diastereoisomers of the foregoing, comprising the step or steps:

- (a) reacting said compounds of Formula 1 with a first base in a first solvent; and/or,
- (b) reacting said compounds of Formula 1 with one or more deprotection reactants to remove said alcohol protecting groups P₁, P₂ and P₃
 - 8. A process for preparing resveratrol from compounds of Formula 1A3

where A₁ is selected from P₁ and (CO)R₁, A₂ is selected from P₂ and (CO)R₂, A₃ is selected from P₃ and (CO)R₃, P₁ when present is a first alcohol protecting group, P₂ when present is a second alcohol protecting group, P₃ when present is a third alcohol protecting group, R₁, R₂ and R₃ when present are each independently selected from alkyl with at least two carbon atoms, aryl, aralkyl, and diastereoisomers of the foregoing, comprising the step or steps:

- (a) reacting said compounds of Formula 1 with a first base in a first solvent; and/or,
- (b) reacting said compounds of Formula 1 with one or more deprotection reactants to remove said alcohol protecting groups P₁, P₂ and P₃
 - 9. A process for preparing a compound of Formula 3

$$R_1$$
 O OH 3

pharmaceutically and cosmetically acceptable salts thereof where R_1 is selected from alkyl with at least one carbon atom, aryl, aralkyl, and diastereoisomers of the foregoing, comprising:

- 10 (a) esterifying a first alcohol of resorcylic acid with an acylating agent in solution or in suspension of a first solvent;
 - (b) reacting a second alcohol of resorcylic acid with a first alcohol protecting agent in solution or in suspension of a second solvent, wherein the sequence of steps (a) and (b) are interchangeable, to give the monoester, mono-protected alcohol of Formula 3B

$$\begin{array}{c|c} R_1 & O & O \\ \hline \\ 3B & OP_1 \end{array}$$

where P₁ is a first alcohol protecting group;

- (c) halogenating said compound of Formula 3B using a halogenating agent in solution or in suspension of a third solvent to give the acid halide of
- 20 Formula 3D

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$$\begin{array}{c|c} R_1 & O & O \\ \hline \\ 3D & OP_1 \end{array} X$$

where X is halogen;

(d) coupling said compound of Formula 3E with a compound of Formula3D

where P_2 is a second alcohol protecting group, with transition metal catalyst, N-heterocyclic carbene-type ligand, and a first base in solution or in suspension of a fourth solvent to yield a compound of Formula 3F;

$$R_1$$
 O OP_2 OP_2 OP_3 OP_4 OP_5

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- (e) deprotecting said first and second alcohol protecting groups from said compound of Formula 3F to give the compound of Formula 3.
 - 10. A process for preparing a compound of Formula 3

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pharmaceutically and cosmetically acceptable salts thereof where R_1 is selected from alkyl with at least two carbon atoms, aryl, aralkyl, and diastereoisomers of the foregoing, comprising:

- (a) esterifying a first alcohol of resorcylic acid with an acylating agent in solution or in suspension of a first solvent;
- (b) reacting a second alcohol of resorcylic acid with a first alcohol protecting agent in solution or in suspension of a second solvent, wherein the sequence of steps (a) and (b) are interchangeable to give the mono-ester, mono-protected alcohol of Formula 3B

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where P₁ is a first alcohol protecting group;

(c) halogenating said compound of Formula 3B using a halogenating agent in solution or in suspension of a third solvent to give the acid halide of Formula 3D

5 where X is halogen;

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(d) coupling said compound of Formula 3E with a compound of Formula 3D

where P₂ is a second alcohol protecting group, with transition metal catalyst, N-0 heterocyclic carbene-type ligand, and a first base in solution or in suspension of a fourth solvent to yield a compound of Formula 3F;

$$R_1$$
 O OP_2 OP_2 OP_1 OP_2

- (e) deprotecting said first and second alcohol protecting groups from said compound of Formula 3F to give the compound of Formula 3.
 - 11. A process for preparing a compound of Formula 4

pharmaceutically and cosmetically acceptable salts thereof where R_1 and R_2 are independently selected from alkyl with at least one carbon atom, aryl, aralkyl, and diastereoisomers of the foregoing, comprising:

(a) esterifying resorcylic acid with an acylating agent in solution or in suspension of a first solvent to give the 3,5-diester of resorcylic acid of Formula 4A;

(b) halogenating said compound of Formula 4a using a halogenating agent in solution or in suspension of a second solvent to give the acid halide of Formula 4C

where X is halogen;

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(c) coupling said compound of Formula 4C with a compound of Formula 4D

where P₃ is a first alcohol protecting group, with transition metal catalyst, N-heterocyclic carbene-type ligand, and a first base in solution or in suspension of a third solvent to yield a compound of Formula 4E;

$$R_1$$
 O OP_1 OP_1 OP_2 OP_3 OP_4 OP_4

(d) deprotecting said first alcohol protecting group from said compound of Formula 4E to give the compound of Formula 4.

12. A process for preparing a compound of Formula 4

$$R_1$$
 OH R_2 OH R_2

pharmaceutically and cosmetically acceptable salts thereof where R_1 and R_2 are independently selected from alkyl with at least two carbon atoms, aryl, aralkyl, and diastereoisomers of the foregoing, comprising:

(a) esterifying resorcylic acid with an acylating agent in solution or in suspension of a first solvent to give the 3,5-diester of resorcylic acid of Formula 4A;

(b) halogenating said compound of Formula 4a using a halogenating
 agent in solution or in suspension of a second solvent to give the acid halide of Formula 4C

where X is halogen;

(c) coupling said compound of Formula 4C with a compound of Formula

15 4D

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where P₃ is a first alcohol protecting group, with transition metal catalyst, N-heterocyclic carbene-type ligand, and a first base in solution or in suspension of a third solvent to yield a compound of Formula 4E;

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$$R_1 \longrightarrow 0 \longrightarrow 0 \longrightarrow 0$$

$$4E \longrightarrow 0 \longrightarrow 0$$

$$R_2$$

- (d) deprotecting said first alcohol protecting group from said compound of Formula 4E to give a compound of said Formula 4.
 - 13. A process for preparing a compound of Formula 5

$$R_1 \longrightarrow 0$$
 OH OH

pharmaceutically and cosmetically acceptable salts thereof where R_1 and R_3 are independently selected from alkyl with at least one carbon atom, aryl, aralkyl, and diastereoisomers of the foregoing, comprising:

- 10 (a) esterifying a first alcohol of resorcylic acid with an acylating agent in solution or in suspension of a first solvent;
 - (b) reacting a second alcohol of resorcylic acid with a first alcohol protecting agent in solution or in suspension of a second solvent, wherein the sequence of steps (a) and (b) are interchangeable to give the mono-ester, mono-protected alcohol of Formula 5B

$$\begin{array}{c} R_1 & O \\ O & OH \\ OP_1 & 5B \end{array}$$

where P₁ is a first alcohol protecting group;

- (c) halogenating said compound of Formula 5B using a halogenating agent in solution or in suspension of a third solvent to give the acid halide of
- 20 Formula 5D

$$\begin{matrix} R_1 & O & O \\ O & OP_1 \end{matrix} X$$

where X is halogen;

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(d) coupling said compound of Formula 5D with a compound of Formula 5E

with transition metal catalyst, N-heterocyclic carbene-type ligand, and a first base in solution or in suspension of a fourth solvent to yield a compound of Formula 5F;

$$R_1 \underbrace{\hspace{1cm} O \hspace{1cm} O \hspace{1c$$

- (e) deprotecting said first and second protecting groups from said compound of Formula 5F to give a compound of said Formula 5.
- A process for preparing a compound of Formula 5

pharmaceutically and cosmetically acceptable salts thereof where R_1 and R_3 are independently selected from alkyl with at least two carbon atoms, aryl, aralkyl, and diastereoisomers of the foregoing, comprising:

- (a) esterifying a first alcohol of resorcylic acid with an acylating agent in solution or in suspension of a first solvent;
- (b) reacting a second alcohol of resorcylic acid with a first alcohol protecting agent in solution or in suspension of a second solvent, wherein the sequence of steps (a) and (b) are interchangeable to give the mono-ester, mono-protected alcohol of Formula 5B

$$R_1$$
 O OH OH OH OH

where P1 is a first alcohol protecting group;

(c) halogenating said compound of Formula 5B using a halogenating agent in solution or in suspension of a third solvent to give the acid halide of Formula 5D

5 where X is halogen;

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(d) coupling said compound of Formula 5D with a compound of Formula 5E

with transition metal catalyst, N-heterocyclic carbene-type ligand, and a first base in solution or in suspension of a fourth solvent to yield a compound of Formula 5F;

- (e) deprotecting said first and second protecting groups from said compound of Formula 5F to give the compound of Formula 5.
 - 15. A process for preparing a compound of Formula 6

pharmaceutically and cosmetically acceptable salts thereof where R_3 is selected from alkyl with at least one carbon atom, aryl, aralkyl, and diastereoisomers of the foregoing, comprising:

(a) esterifying 4-hydroxy styrene with an acylating agent in solution or in suspension of a first solvent to give the 4-ester styrene of Formula 6D;

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(b) reacting resorcylic acid with an alcohol protecting agent in solution or in suspension of a second solvent to give a compound of Formula 6B

where P_1 is a first alcohol protecting group and P_2 is a second alcohol protecting group;

(c) halogenating said compound of Formula 6B using a halogenating agent in solution or in suspension of a third solvent to give the acid halide of Formula 6C

10 where X is halogen;

(d) coupling said compound of Formula 6D with a compound of Formula 6C with transition metal catalyst, N-heterocyclic carbene-type ligand, and a first base in solution or in suspension of a fourth solvent to yield a compound of Formula 6E;

$$P_1O$$
 OP_2
 OP_3
 OP_2
 OP_3

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- (e) deprotecting said first alcohol protecting group from said compound of Formula 6E to give the compound of Formula 6.
 - 16. A process for preparing a compound of Formula 6

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pharmaceutically and cosmetically acceptable salts thereof where R₃ is selected from alkyl with at least two carbon atoms, aryl, aralkyl, and diastereoisomers of the foregoing, comprising:

(a) esterifying 4-hydroxy styrene with an acylating agent in solution or in suspension of a first solvent to give the 4-ester styrene of Formula 6D;

(b) reacting resorcylic acid with an alcohol protecting agent in solution or in suspension of a second solvent to give a compound of Formula 6B

$$\begin{array}{c|c} P_1O & O \\ \hline OH \\ \hline OP_2 \end{array}$$

where P₁ is a first alcohol protecting group and P₂ is a second alcohol protecting group;

(c) halogenating said compound of Formula 6B using a halogenating agent in solution or in suspension of a third solvent to give the acid halide of Formula 6C

where X is halogen;

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(d) coupling said compound of Formula 6D with a compound of Formula 6C with transition metal catalyst, N-heterocyclic carbene-type ligand, and a first base in solution or in suspension of a fourth solvent to yield a compound of Formula 6E;

$$P_1O \underbrace{\hspace{1cm} O \hspace{1cm} OR_3}_{OP_2}$$

(e) deprotecting said first alcohol protecting group from said compound of Formula 6E to give the compound of Formula 6.

17. A process for preparing a compound of Formula 7

$$\begin{array}{c|c} R_1 & O & & \\ \hline \\ O & & \\ \hline \\ O & \\ R_2 & \\ \end{array}$$

pharmaceutically and cosmetically acceptable salts thereof where R_1 , R_2 and R_3 are independently selected from alkyl with at least one carbon atom, aryl, aralkyl, and diastereoisomers of the foregoing, comprising:

(a) esterifying resorcylic acid with an acylating agent in solution or in suspension of a first solvent to give the 3,5-diester of resorcylic acid of Formula 7A;

$$\begin{matrix} R_1 & O & O \\ O & OH \\ O & 7A \end{matrix}$$

(b) halogenating said compound of Formula 7A using a halogenating
agent in solution or in suspension of a second solvent to give the acid halide of
Formula 7C

$$\begin{array}{c|c} R_1 & O & O \\ \hline \\ O & C & O \\ \hline \\ R_2 & \end{array}$$

where X is halogen;

(c) coupling said compound of Formula 7C with a compound of Formula

15 7D

with transition metal catalyst, N-heterocyclic carbene-type ligand, and a first base in solution or in suspension of a third solvent.

18. A process for preparing a compound of Formula 7

pharmaceutically and cosmetically acceptable salts thereof where R₁, R₂ and R₃ are independently selected from alkyl with at least two carbon atoms, aryl, aralkyl, and diastereoisomers of the foregoing, comprising:

(a) esterifying resorcylic acid with an acylating agent in solution or in suspension of a first solvent to give the 3,5-diester of resorcylic acid of Formula 7A;

$$\begin{matrix} R_1 & O & O \\ O & O & O \\ O & O & 7A \end{matrix}$$

(b) halogenating said compound of Formula 7A using a halogenating agent in solution or in suspension of a second solvent to give the acid halide of Formula 7C

where X is halogen;

(c) coupling said compound of Formula 7C with a compound of Formula 7D

with transition metal catalyst, N-heterocyclic carbene-type ligand, and a first base in solution or in suspension of a third solvent.

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19. A compound of any of Formulas 1A3, 1B, I, 3-7 prepared from any of the processes of claims 1-18.

20. A compound of Formula 9

$$\begin{array}{c} A_1O \\ \\ OA_2 \end{array}$$

where A₁ is selected from H and (CO)R₁, A₂ is selected from H and (CO)R₂, A₃ is selected from H and (CO)R₃, R₁, R₂ and R₃ when present are each independently selected from alkyl with at least one carbon atom, aryl, aralkyl, and diastereoisomers of the foregoing.

21. A compound of Formula 9

$$A_1O$$
 OA_2
 OA_3
 OA_2

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where A_1 is selected from H and (CO) R_1 , A_2 is selected from H and (CO) R_2 , A_3 is selected from H and (CO) R_3 , R_1 , R_2 and R_3 when present are each independently selected from alkyl with at least two carbon atoms, aryl, aralkyl, and diastereoisomers of the foregoing.

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- 22. A compound selected from the group consisting essentially of: 5,4'-dihydroxy-3-propanoate stilbene, 3,5-dihydroxy-4'- propanoate stilbene, 3,4'-dihydroxy-5- propanoate stilbene, 4'-hydroxy-3,5-dipropanoate stilbene, 5-hydroxy-3,4'-dipropanoate stilbene, 3,5,4'-tripropanoate stilbene,
- 5,4'-dihydroxy-3-butanoate stilbene, 3,5-dihydroxy-4'-butanoate stilbene, 3,4'-dihydroxy-5-butanoate stilbene, 4'-hydroxy-3,5-dibutanoate stilbene, 5-hydroxy-3,4'-dibutanoate stilbene, 3,5,4'-tributanoate stilbene, 5,4'-dihydroxy-3-pentanoate stilbene, 3,5-dihydroxy-4'-pentanoate stilbene, 3,4'-dihydroxy-5-pentanoate stilbene, 4'-hydroxy-3,5-dipentanoate stilbene, 5-hydroxy-3,4'-dipentanoate
- stilbene, 3,5,4'-tripentanoate stilbene, 5,4'-dihydroxy-3-hexanoate stilbene, 3,5-

WO 2005/069998 PCT/US2005/002229

dihydroxy-4'-hexanoate stilbene, 3,4'-dihydroxy-5-hexanoate stilbene, 4'-hydroxy-3.5-dihexanoate stilbene, 5-hydroxy-3,4'-dihexanoate stilbene, 3,5,4'-trihexanoate stilbene, 5,4'-dihydroxy-3-(2,4-hexadienoate) stilbene, 3,5-dihydroxy-4'-(2,4hexadienoate) stilbene, 3,4'-dihydroxy-5-(2,4-hexadienoate) stilbene, 4'-hydroxy-3,5-(2,4-hexadienoate) stilbene, 5-hydroxy-3,4'-(2,4-hexadienoate) stilbene, 3,5,4'-5 tri-(2,4-hexanoate) stilbene, 5,4'-dihydroxy-3-dodecanoate stilbene, 3,5-dihydroxy-4'-dodecanoate stilbene, 3,4'-dihydroxy-5-dodecanoate stilbene, 4'-hydroxy-3,5dodecanoate stilbene, 5-hydroxy-3,4'-dodecanoate stilbene, 3,5,4'-tridodecanoate stilbene, 5,4'-dihydroxy-3-hexadecanoate stilbene, 3,5-dihydroxy-4'-hexadecanoate stilbene, 3,4'-dihydroxy-5-hexadecanoate stilbene, 4'-hydroxy-3,5-hexadecanoate 10 stilbene, 5-hydroxy-3,4'-hexadecanoate stilbene, 3,5,4'-trihexadecanoate stilbene, 5,4'-dihydroxy-3-octadecanoate stilbene, 3,5-dihydroxy-4'-octadecanoate stilbene, 3,4'-dihydroxy-5-octadecanoate stilbene, 4'-hydroxy-3,5-octadecanoate stilbene, 5hydroxy-3,4'-octadecanoate stilbene, 3,5,4'-trioctadecanoate stilbene, 5,4'dihydroxy-3-(9-octadecenoate) stilbene, 3,5-dihydroxy-4'-(9-octadecenoate) 15 stilbene, 3,4'-dihydroxy-5-(9-octadecenoate) stilbene, 4'-hydroxy-3,5-(9octadecenoate) stilbene, 5-hydroxy-3,4'-(9-octadecenoate) stilbene, 3,5,4'-tri-(9octadecenoate) stilbene, 5,4'-dihydroxy-3-(9,12-octadecadienoate) stilbene, 3,5dihydroxy-4'-(9,12-octadecadienoate) stilbene, 3,4'-dihydroxy-5-(9,12octadecadienoate) stilbene, 4'-hydroxy-3,5-(9,12-octadecadienoate) stilbene, 5-20 hydroxy-3,4'-(9,12-octadecadienoate) stilbene, 3,5,4'-tri-(9,12-octadecadienoate) stilbene, 5,4'-dihydroxy-3-(6,9,12-octadecatrienoate) stilbene, 3,5-dihydroxy-4'-(6,9,12-octadecatrienoate) stilbene, 3,4'-dihydroxy-5-(6,9,12-octadecatrienoate) stilbene, 4'-hydroxy-3,5-(6,9,12-octadecatrienoate) stilbene, 5-hydroxy-3,4'-(6,9,12octadecatrienoate) stilbene, 3,5,4'-tri-(6,9,12-octadecatrienoate) stilbene, 5,4'-25 dihydroxy-3-(9,12,15-octadecatrienoate) stilbene, 3,5-dihydroxy-4'-(9,12,15octadecatrienoate) stilbene, 3,4'-dihydroxy-5-(9,12,15-octadecatrienoate) stilbene, 4'-hydroxy-3,5-(9,12,15-octadecatrienoate) stilbene, 5-hydroxy-3,4'-(9,12,15octadecatrienoate) stilbene, 3,5,4'-tri-(9,12,15-octadecatrienoate) stilbene, 5,4'dihydroxy-3-(3,6,9-octadecatrienoate) stilbene, 3,5-dihydroxy-4'-(3,6,9-30 octadecatrienoate) stilbene, 3,4'-dihydroxy-5-(3,6,9-octadecatrienoate) stilbene, 4'hydroxy-3,53,6,9-octadecatrienoate) stilbene, 5-hydroxy-3,4'-(3,6,9octadecatrienoate) stilbene, 3,5,4'-tri-(3,6,9-octadecatrienoate) stilbene, 5,4'-

dihydroxy-3-(5,8,11,14-eicosatetraenoate) stilbene, 3,5-dihydroxy-4'-(5,8,11,14-eicosatetraenoate) stilbene, 3,4'-dihydroxy-5-(5,8,11,14-eicosatetraenoate) stilbene, 4'-hydroxy-3,5-(5,8,11,14-eicosatetraenoate) stilbene, 5-hydroxy-3,4'-(5,8,11,14-eicosatetraenoate) stilbene, 3,5,4'-tri-(5,8,11,14-eicosatetraenoate) stilbene, 5,4'
5 dihydroxy-3-(5,8,11,14,17-eicosapentaenoate) stilbene, 3,5-dihydroxy-4'(5,8,11,14,17-eicosapentaenoate) stilbene, 3,4'-dihydroxy-5-(5,8,11,14,17-eicosapentaenoate) stilbene, 5-hydroxy-3,4'-(5,8,11,14,17-eicosapentaenoate) stilbene, 3,5,4'-tri(5,8,11,14,17-eicosapentaenoate) stilbene, 5,4'-dihydroxy-3-(4,7,10,13,16,19-docosahexaenoate) stilbene, 3,5-dihydroxy-4'-(4,7,10,13,16,19-docosahexaenoate) stilbene, 3,4'-dihydroxy-5-(4,7,10,13,16,19-docosahexaenoate) stilbene, 4'-hydroxy-3,5-(4,7,10,13,16,19-docosahexaenoate) stilbene, 5-hydroxy-3,4'-(4,7,10,13,16,19-docosahexaenoate) stilbene, 3,5,4'-tri-(4,7,10,13,16,19-docosahexaenoate) stilbene, 5-hydroxy-3,4'-(4,7,10,13,16,19-docosahexaenoate) stilbene, 5-hydroxy-3,4'-(4,7,10,13,16,19-docosahexaenoate) stilbene, 3,5,4'-tri-(4,7,10,13,16,19-docosahexaenoate) stilbene, 5-hydroxy-3,4'-(4,7,10,13,16,19-docosahexaenoate) stilbene, 5-hydroxy-3,4'-(4,7,10,13,16,19-docosahexae

23. A compound of Formula 4C

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where X is halogen, R_1 and R_2 are each independently selected from alkyl with at least one carbon atom, aryl, aralkyl, and diastereoisomers of the foregoing.

24. A compound of Formula 4C

where X is halogen, R_1 and R_2 are each independently selected from alkyl with at least two carbon atoms, aryl, aralkyl, and diastereoisomers of the foregoing.

25. A compound of Formula 1A4

$$A_1O \xrightarrow{O} X$$

$$OA_2$$

$$1A_4$$

X is halogen, A_1 is selected from P_1 and $(CO)R_1$, A_2 is selected from P_2 and $(CO)R_2$, where P_1 when present is a first alcohol protecting group, P_2 when present is a second alcohol protecting group, R_1 and R_2 when present are each independently selected from alkyl with at least one carbon atom, aryl, aralkyl, and diastereoisomers of the foregoing.

26. A compound of Formula 1A4

$$A_1O \xrightarrow{O}_{1A_4} X$$

- X is halogen, A₁ is selected from P₁ and (CO)R₁, A₂ is selected from P₂ and (CO)R₂, where P₁ when present is a first alcohol protecting group, P₂ when present is a second alcohol protecting group, R₁ and R₂ when present are each independently selected from alkyl with at least two carbon atoms, aryl, aralkyl, and diastereoisomers of the foregoing.
- A compound selected from the group consisting essentially of: 15 27. 3,5-diacetoxybenzoyl chloride, 3,5-diacetoxybenzoyl bromide, 3,5-diacetoxybenzoyl iodide, 3,5-dipropanoate benzoyl chloride, 3,5-dipropanoate benzoyl bromide, 3,5diproponate benzoyl iodide, 3,5-dibutanoate benzoyl chloride, 3,5-dibutanoate benzoyl bromide, 3,5-dibutanoate benzoyl iodide, 3,5-dipentanoate benzoyl chloride, 3,5-dipentanoate benzoyl bromide, 3,5-dipentanoate benzoyl iodide, 3,5-20 dihexanoate benzoyl chloride, 3,5-dihexanoate benzoyl bromide, 3,5-dihexanoate benzoyl iodide, 3,5-dihexadienoate benzoyl chloride, 3,5-dihexadienoate benzoyl bromide, 3,5-dihexadienoate benzoyl iodide, 3,5-didodecanoate benzoyl chloride, 3,5-didodecanoate benzoyl bromide, 3,5-didodecanoate benzoyl iodide, 3,5dihexadecanoate benzoyl chloride, 3,5-dihexadecanoate benzoyl bromide, 3,5-25 dihexadecanoate benzoyl iodide, 3,5-dioctadecanoate benzoyl chloride, 3,5-

dioctadecanoate benzoyl bromide, 3,5-dioctadecanoate benzoyl iodide, 3,5-di-(9octadecenoate) benzoyl chloride, 3,5-di-(9-octadecenoate) benzoyl bromide, 3,5-di-(9-octadecenoate) benzoyl iodide, 3,5-di-(9,12-octadecadienoate) benzoyl chloride, 3,5-di-(9,12-octadecadienoate) benzoyl bromide, 3,5-di-(9,12-octadecadienoate) benzoyl iodide, 3,5-di-(6,9,12-octadecatrienoate) benzoyl chloride, 3,5-di-(6,9,12-5 octadecatrienoate) benzoyl bromide, 3,5-di-(6,9,12-octadecatrienoate) benzoyl iodide, 3,5-di-(9,12,15-octadecatrienoate) benzoyl chloride, 3,5-di-(9,12,15octadecatrienoate) benzoyl bromide, 3,5-di-(9,12,15-octadecatrienoate) benzoyl iodide, 3,5-di-(3,6,9-octadecatrienoate) benzoyl chloride, 3,5-di-(3,6,9octadecatrienoate) benzoyl bromide, 3,5-di-(3,6,9-octadecatrienoate) benzoyl iodide, 10 3,5-di-(5,8,11,14-eicosatetraenoate) benzoyl chloride, 3,5-di-(5,8,11,14eicosatetraenoate) benzoyl bromide, 3,5-di-(5,8,11,14-eicosatetraenoate) benzoyl iodide, 3,5-di-(5,8,11,14,17-eicosapentaenoate) benzoyl chloride, 3,5-di-(5,8,11,14,17-eicosapentaenoate) benzoyl bromide, 3,5-di-(5,8,11,14,17eicosapentaenoate) benzoyl iodide, 3,5-di-(4,7,10,13,16,19-docosahexaenoate) 15 benzoyl chloride, 3,5-di-(4,7,10,13,16,19-docosahexaenoate) benzoyl bromide, and 3,5-di-(4,7,10,13,16,19-docosahexaenoate) benzoyl iodide.

28. A compound selected from the group consisting essentially of:
3,5,-diacetoxy benzoyl chloride, 3,5,-diacetoxy benzoyl bromide, 3,5,-diacetoxy
benzoyl iodide, 3-acetoxy-5-levulinoxy benzoyl chloride, 3-acetoxy-5-levulinoxy
benzoyl bromide, 3-acetoxy-5-levulinoxy benzoyl iodide, 3-acetoxy-5(methoxymethoxy) benzoyl chloride, 3-acetoxy-5-(methoxymethoxy) benzoyl
bromide, 3-acetoxy-5-(methoxymethoxy) benzoyl iodide, 3-(levulinoxy)-5(methoxymethoxy) benzoyl chloride, 3-(levulinoxy)-5-(methoxymethoxy) benzoyl
bromide, 3-(levulinoxy)-5-(methoxymethoxy) benzoyl iodide, 3,5-bis(levulinoxy)
benzoyl chloride, 3,5-bis(levulinoxy) benzoyl bromide, 3,5-bis(levulinoxy) benzoyl
iodide, 3,5-bis(methoxymethoxy)benzoyl chloride, 3,5bis(methoxymethoxy)benzoyl bromide, and 3,5-bis(methoxymethoxy)benzoyl
iodide.

29. A compound of the formula

where each Y is independently selected from O(CO)R and halogen, n is equal to 0, 1, 2, 3, 4 or 5, Z is independently selected from O(CO)R and halogen, m is equal to 0 1, 2, 3, 4 or 5, the sum of n and m is 1 or more, each R is independently selected from alkyl with at least one carbon atom, aryl, aralkyl, and diastereoisomers of the foregoing.

30. A compound of the formula

$$\bigvee_{Yn}^{Zm}$$

- where each Y is independently selected from O(CO)R and halogen, n is equal to 0, 1, 2, 3, 4 or 5, Z is independently selected from O(CO)R and halogen, m is equal to 0, 1, 2, 3, 4 or 5, the sum of n and m is 1 or more, each R is independently selected from alkyl with at least two carbon atoms, aryl, aralkyl, and diastereoisomers of the foregoing.
- 31. A compound according to claim 29 selected from the group consisting essentially of: 3,5,4'-trifluorostillbene, 4'-acetoxy-3,5-difluorostillbene, 3,5-difluoro-4'-hydroxystillbene, 3,5-diacetoxy-4'-fluorostillbene, 4'-fluoro-3,5-dihydroxystillbene, 3, 4'-difluoro-5-hydroxystillbene, and 3-fluoro-5,4'-dihydroxystillbene.
- 20 32. The processes according to any of claims 1-18 where X is Cl.
 - 33. The processes according to any of claims 1-18 where said first base is a non-coordinating amine base.

WO 2005/069998 PCT/US2005/002229

34. The processes according to any of claims 1-18 where said first base is a non-coordinating amine base selected from the group consisting of: N,N-dimethylbenzylamine, N-methylmorpholine, and dimethylaminopyridine.

- 35. The processes according to any of claims 1-18 where said first base is
 N,N-dimethylbenzylamine.
 - 36. The processes according to any of claims 1-18 where said N-heterocyclic carbene-type ligand is selected from imidazolium, 1,3-disubstituted imidazolium, 1,3-disubstituted-4,5-dihydroimidazolium carbene-type ligands.
- The processes according to any of claims 1-18 where said N-heterocyclic carbene-type ligand is N,N'-bis-carbocycle imidazolium ligands.
 - 38. The processes according to any of claims 1-18 where said N-heterocyclic carbene-type ligand is selected from N,N'-bis-(2,6-diisopropylphenyl) imidazolium chloride, N,N'-bis-(dimesityl) imidazolium chloride and N,N'-bis-adamantylimidazolium chloride.
- 15 39. The processes according to any of claims 1-18 where said halogenating agent is selected from the group consisting essentially of: thionyl chloride, thionyl bromide, thionyl iodide, oxalyl chloride, oxalyl bromide, and oxalyl iodide.
- 40. The processes according to any of claims 1-18 where said 20 halogenating agent is thionyl chloride.
 - 41. The processes according to any of claims 1-18 where said halogenating agent is oxalyl chloride.
- 42. The processes according to any of claims 1-18 where said acylating agent is selected from the group consisting essentially of: ester anhydrides, mixed ester anhydrides, and acid halides.

43. The processes according to any of claims 1-18 where said acylating agent is acetic anhydride.

- 44. The processes according to any of claims 1-18 where said first protecting agent is selected from the group consisting of: MOM, and lev.
- 5 45. The processes according to any of claims 1-8, 11-14, and 17-19 where said second protecting agent is selected from the group consisting of: MOM, and lev.
 - 46. The process according to any of claims 1 and 2 where said first base is selected from the group consisting essentially of: lithium hydroxide, sodium hydroxide, potassium hydroxide, and pyridine.

10

- 47. The processes according to any of claims 1-18 comprising the step of irradiating said compound with ultraviolet light in an inert solvent.
- 48. The processes according to any of claims 1-18 where said transition metal catalyst is a Pd II catalyst selected from the group consisting of: Pd(OAc)₂, PdBr₂, and PdCl₂.
 - 49. The processes according to any of claims 1-18 where said Pd II catalyst is Pd(OAc)₂.
- The processes according to any of claim 1-18 where the deprotection reagents are selected from the group consisting of: sodium sulfite and sodium
 thiosulfite, aqueous pyridine at pH 6.7, NaI and TMSCI, alkaline earth metal hydroxide and a polar aprotic solvent.
 - 51. The composition of claims 21 and 29 further comprising a therapeutically effective amount of said compound of Formula 1 in admixture with a pharmaceutically acceptable carrier.

WO 2005/069998 PCT/US2005/002229

52. The composition of claims 21 and 29 further comprising a cosmetically effective amount of said compound of Formula 1 in admixture with a cosmetically acceptable carrier are described.

- 53. The composition of claims 21 and 29 with mammalian enzymes5 including SIRT1 promoting cell survival.
 - 54. The composition of claims 21 and 29 further comprising a nutritionally effective amount of said compound of Formula 1 in admixture with a nutritionally acceptable carrier.